GYM RATS FALL BRAWL GYM DIRECTIONS

Kingdom Courts (KC 1, KC 2, KC 3, KC 4) 6095 NE Industry Dr. Des Moines, IA 50313 - No Outside Food - Full Service Cafe inside facility "The Baseline" - Athletic Trainer on site provided by Accelerated Rehab -Parking located on North and South of building. -Handicapped parking on the South. -Please keep young kids close by an adult when inside Kingdom Courts, your help is appreciated.

Faith Baptist College (FB 5 AND FB 6) 1900 NW 4th Street Ankeny, IA 50023

Orange Planet (OP 7, OP 8) 5650 Metro East Dr. Pleasant Hill, IA 50327

Southeast Polk JH (SEP 9, SEP 10, SEP 11) 8325 NE University Ave. Pleasant Hill, IA 50327

PLEASE RESPECT EACH FACILITY BY PICKING UP TRASH!