

# **GYM RATS HEAT UP THE HARDWOOD – EVENT RULES**

## **ALL Iowa High School Rules Apply except for the following**

### **Coach Check In:**

- The facility will open 30 minutes prior to 1<sup>st</sup> game.
- Coach must check in team at admissions gate prior to 1<sup>st</sup> game, you will receive any necessary information there.

### **Length of Game:**

- The following divisions will play will play Two 14 minute stop time halves. The clock will run if there is a 15 pt. lead in 2nd half when clock reaches the 8 minute mark:  
**6<sup>th</sup> Boys, 7<sup>th</sup> Boys, 8<sup>th</sup> Boys, 6<sup>th</sup> Girls, 7<sup>th</sup> Girls, and 8<sup>th</sup> Girls**
- The following divisions will play (2) 20 minute halves, Running clock except last 2 minutes of 2nd half, Clock runs if there is a 15 pt. lead in 2nd half at the 2 minute mark:  
**3<sup>rd</sup> grade, 4<sup>th</sup> grade and 5<sup>th</sup> grade Boys and Girls**
- Game will be called at the 2 minute mark if a team is up by 20 or more points.
- Halftime will last 2 minutes and Warm Up will last 3-5 minutes.

### **Miscellaneous:**

- One Coach may stand unless they receive a technical foul.
- If ejected, that coach will NOT be allowed to coach in next game.
- No warm-up basketballs provided and Home team provides the game ball.
- 1<sup>st</sup>-7<sup>th</sup> Boys and All Girls teams use 28.5 Ball.
- 8<sup>th</sup> Boys will use 29.5 ball
- Regular rules for 3<sup>rd</sup>-8<sup>th</sup> Boys and 4<sup>th</sup>-8<sup>th</sup> Girls. Pressing and Zone are allowed.
- NO PRESS when up 20 or more points for all ages.
- 1 and 1 on 7<sup>th</sup> foul and 2 shots on 10<sup>th</sup> foul.
- Special rules for 1<sup>st</sup> and 2<sup>nd</sup> Boys and 1<sup>st</sup>, 2<sup>nd</sup> Girls and 3<sup>rd</sup> Girls:
  - 1<sup>st</sup>/2<sup>nd</sup> Boys and 1<sup>st</sup>/2<sup>nd</sup> Girls will play (2) 18 minute halves, Running clock except last 2 minutes of 2<sup>nd</sup> half, clock runs if there is a 15 pt. lead at 2 minutes left in 2<sup>nd</sup> half.
  - 1<sup>st</sup>/2<sup>nd</sup> Boys, 1<sup>st</sup>/2<sup>nd</sup> Girls and 3<sup>rd</sup> Girls NO PRESSING.
  - No zone allowed in 1<sup>st</sup>/2<sup>nd</sup> Boys, 1<sup>st</sup>/2<sup>nd</sup> Girls and 3<sup>rd</sup> Girls. Man 2 Man Defense ONLY.
  - Stealing is allowed in 1<sup>st</sup>/2<sup>nd</sup> grade Boys/Girls and 3<sup>rd</sup> Girls in the HALF court.
  - 9 foot rim height for 1<sup>st</sup>/2<sup>nd</sup> Boys and 1<sup>st</sup>/2<sup>nd</sup> Girls. 10 foot rim height for 3<sup>rd</sup> Girls
- **Iowa Gym Rats will provide the Scores table staff.**
- **Event director AND Site Director has final authority over any disputes.**

### **Overtime:**

- 1<sup>st</sup> Overtime will be 1 minute stop clock. 2<sup>nd</sup> Overtime sudden death/first team to score.

### **Timeouts:**

- (3) full timeouts per game.
- One full timeout per overtime period, no carry over from previous halves.

### **Tiebreaker:**

1. Head to Head (two teams only)
2. Point Differential (+,-20 max)
3. Points Scored
4. Points Allowed

**GREAT SPORTSMANSHIP WILL BE ENFORCED! IT IS ABOUT THE KIDS!**