



GYM RATS HEAT UP THE HARDWOD GYM

DIRECTIONS AND ADMISSION

HOST SITE

Kingdom Courts (1, 2, 3, 4)
6095 NE Industry Dr.
Des Moines, IA 50313

- No Outside Food or Coolers
- Full Service Cafe inside facility "The Baseline"
- Parking located on North and South of building. Handicapped parking on the South.
- DO NOT PARK ACROSS THE STREET TO THE WEST, CARS HAVE BEEN TOWED
- DOORS OPEN AT 10:30AM ON SATURDAY AND 7:30AM ON SUNDAY

JC All Sports (1, 2, 3, 4)

***Outside of building says "Grand Slam"**

4137 120th St.
Urbandale, IA 50323

- No Outside Food or Coolers
- Full Service Cafe inside facility
- DOORS OPEN AT 11:30AM ON SATURDAY AND 7:30AM ON SUNDAY

MVP Sports (1, 2)

4600 Park Ave.
Des Moines, IA 50321

- Concessions Available
- DOORS OPEN AT 10:30AM ON SATURDAY

IEBT Sports Facility

2425 Hubbell Ave.
Des Moines, IA 50317

- Small Concessions Available
- DOORS OPEN AT 7:30AM ON SUNDAY

PLEASE RESPECT THE FACILITY BY PICKING UP TRASH!

ADMISSION: (DAILY ONLY, NO WEEKEND)

Saturday:

Adults - \$10, K-12 Student - \$5, 5 years and under – Free

Sunday:

Adults - \$10, K-12 Student - \$5, 5 years and under – Free