



GYM RATS HEAT UP THE HARDWOOD GYM

DIRECTIONS AND ADMISSION

HOST SITE

Kingdom Courts (1, 2, 3, 4)
6095 NE Industry Dr.
Des Moines, IA 50313

- No Outside Food or Coolers
- Full Service Cafe inside facility "The Baseline"
- Parking located on North and South of building. Handicapped parking on the South.
- DO NOT PARK ACROSS THE STREET TO THE WEST, CARS HAVE BEEN TOWED
- DOORS OPEN AT 7:30AM ON SATURDAY AND 7:30AM ON SUNDAY

Des Moines North HS (1, 2)
501 Holcomb Ave.
Des Moines, IA 50313

- DOORS OPEN AT 12:PM ON SATURDAY AND 7:30AM ON SUNDAY

JC All Sports (1, 2, 3, 4) *Outside of building says "Grand Slam" on building. Building has just been rebranded.
4137 120th St.

Urbandale, IA 50323

- No Outside Food or Coolers
- Full Service Cafe inside facility
- DOORS OPEN AT 7:30AM ON SATURDAY AND 7:30AM ON SUNDAY

PLEASE RESPECT THE FACILITY BY PICKING UP TRASH!

ADMISSION: (DAILY ONLY, NO WEEKEND)

Saturday:

Adults - \$8, K-12 Student - \$5, 5 years and under – Free

Sunday:

Adults - \$8, K-12 Student - \$5, 5 years and under – Free