



GYM RATS WINTER LEAGUE/MAYB TOURNAMENT

GYM LOCATIONS:

Kingdom Courts (1, 2, 3, 4)

6095 NE Industry Dr.

Des Moines, IA 50313

- No Outside Food or Coolers
- Full Service Cafe inside facility "The Baseline"
- Parking located on North and South of building. Handicapped parking on the South.
- PLEASE DO NOT PARK ON STREET, GRASS OR AT SPEEDEE DELIVERY. YOU WILL BE TICKETED BY SHERRIFF OR TOWED.
- Please keep young kids close by an adult when inside Kingdom Courts, your help is appreciated
- DOORS OPEN AT 7:30AM ON SATURDAY AND 8:30AM ON SUNDAY

JC All Sports (1, 2, 3, 4) *Outside of building says "Grand Slam" on building. Building has just been rebranded.

4137 120th St.

Urbandale, IA 50323

- No Outside Food or Coolers
- Full Service Cafe inside facility
- DOORS OPEN AT 7:30AM ON SATURDAY

PLEASE RESPECT THE FACILITY BY PICKING UP TRASH!