



## HEAT UP THE HARDWOOD GYM LOCATIONS:

Kingdom Courts (Court 1, 2, 3, 4)

6095 NE Industry Dr.

Des Moines, IA 50313

- No Outside Food
- Full Service Cafe inside facility "The Baseline"
- Athletic Trainer on site provided by Accelerated Rehab
- Parking located on North and South of building. Handicapped parking on the South.
- Please keep young kids close by an adult when inside Kingdom Courts, your help is appreciated.
- Doors open at 5:15pm on Friday, 7:30am on Saturday, 7:30am on Sunday

Faith Baptist College (Court 5, 6)

1900 NW 4th Street

Ankeny, IA 50023

- Doors open at 12:30pm on Saturday and 7:30am on Sunday

MVP Sports (Court 7, 8, 9)

4600 Park Ave.

Des Moines, IA 50321

- Doors open at 7:30am each day

Iowa Firehouse Complex (Court 10, 11, 12, 13)

4137 120th Street

Urbandale, IA 50131

- Doors Open at 2:30pm on Saturday

PLEASE RESPECT OUR EACH FACILITY BY PICKING UP TRASH!