Gym Rats 3v3 Rules

Length of the Game:

- All Grades and division will play 20 minutes running clock games OR first team to 25 points will win
- Clock will stop under 1 minute
- All games will be 1 half total

Free Throws:

- Free throws will be given on shooting fouls
- Shooting fouls will be 1 shot=2 points
- Bonus will be in play when a team has 7 team fouls. Bonus shots will be 1 shot=2 points

Miscellaneous:

- A coin flip will determine who possesses the ball first to start the game
- After a made basket, the ball will be checked-in to play
- After every change of possession a team will need to take the ball back past the 3 point line
- A team needs to make a pass after checking the ball-in after a made basket in order to start play
- Half court line will be apart of the out of bounds lines
- An lowa Gym Rats staff member will be in charge of each court; any decisions will be decided by the staff member are final
- 2nd/3rd Grade Girls will play on a 9 ft hoop
- 2nd/3rd Grade divisions will shoot free throws from the first hash mark in front of the free throw line
- 2nd-7th Grade divisions will use the 28.5 size ball
- 5th-8th Grade Girls divisions will use the 28.5 size ball
- There is no personal foul limit, but we ask that all players play good defense and avoid fouling

Special Rules for 1st Boys/2nd Girls:

- Games will be played at 9 feet hoops
- Stealing will only be allowed on the pass; no stealing the dribble

Timeouts & Overtime:

- Each team will get 2 timeouts per game (1 extra for OT)
- If a game were to end in a tie, we would play a sudden death period.
- Referees will flip a coin to determine who gets first possession

SPORTSMANSHIP:

We should all take pride in teaching the youth about proper sportsmanship. We have no problem removing fans, coaches, players if necessary. Have fun and remember that it is all about the kids!