

SPECIAL RULES FOR K-3RD BOYS AND GIRLS

• Hoop Heights:

K-1st Boys/Girls, 2nd Boys/Girls and 3rd Girls = 9 foot hoops

3rd Boys, 4th-8th Boys and girls = 10 foot hoops

• Ball Size:

All Divisions = 28.5 size ball

• Free Throw Distance for K-3rd Boys and Girls:

Free throw distance will be set at 12 feet for all 3rd Grade Girls & K-3rd Grade Boys.

There will be tape put down on the floor to mark this. Please keep in mind if a player and/or coach wish to shoot from the normal distance the lane violations for going across the line will be in effect for both distances.

• Defense rules for K-3rd Boys and Girls:

In order to develop necessary offensive skills, **player to player defense will be employed exclusively**. No “stealing the dribble” will be allowed. Stealing will be allowed on the pass only. This is necessary in order to develop dribbling skills and build confidence in some of the younger players. Officials will watch for stalling that may result from this rule. A 5-second closely guarded turnover may be called if there is no effort to advance the ball. This does not include a player who has lost control of his/her dribble. It will be the discretion of the official whether the player has maintained control. A defensive player may not be the cause of lost control due to swiping at the ball while the offensive player is dribbling.

• To clarify a rule about stealing or tying up the ball:

Once a player has possession the other team must drop back and may not create a jump ball. This same rule goes when the player has the ball out on the perimeter on offense. The defense may NOT tie up the ball.

• Double Teaming rules for K-3rd Boys and Girls:

No “double teaming” will be allowed except in the lane. Again, the purpose is to allow the players to develop their dribbling skills. When double-teaming occurs, the official will whistle the violation and return the ball to the offensive team for a throw in. Double-teaming will be allowed in the lane. Proper defensive skills call for players to help out when a fellow defensive player is beaten.

• Zone Defense for K-3rd Boys and Girls:

No zone defense is allowed for K-3rd Boys and Girls. A 5-foot closely guarded rule comes into effect once the offense has crossed the half-court.

• 5 foot Rule on Defense for K-3rd Boys and Girls:

All 5 defensive players must stay within 5 feet of the offensive player they are guarding. Teams that employ a tactic of clearing out will lose control of the ball. Ex: placing offensive player in each corner and creating a one on one game. If in the judgment of the official that this is occurring, the ball will be awarded to the defensive team.

• Pressing Rule for K-3rd Boys and Girls:

There will be no defense allowed in the backcourt. As soon as a change of possession takes place, the defense is required to fall back and allow the offense to bring the ball up the court. The offense will have 10 seconds to cross the centerline.